

A typical refugee family budget.

Monthly Income After Taxes:

\$1500 (\$13/hr.)

Rent:

\$1100 - \$1300

Utilities:

\$100

Phone:

\$35

Transportation to and from work:

\$100

Travel Loan:

All refugees are responsible for paying the U.S. government back for their airfare: \$140

Food:

Food Stamps

Total:

\$1475-\$1675

Remaining \$ for Toiletries:

\$0.00



Northshore Faith Communities Working Together to Support Chicagoland Refugees

- **First Presbyterian Church of Wilmette**
600 9th Street
Wilmette, IL 60091
- **Congregation Sukkat Shalom**
1001 Central Ave.
Wilmette, IL 60091
- **First Congregational Church of Wilmette**
1125 Wilmette Ave.
Wilmette, IL 60091
- **Congregation Hakafa**
211 Hazel Ave.
Glencoe, IL 60022

For more information contact:
Erin Raska at revraska@fpcw.org.



≡ Stock the Shelves



You have the resources to
support Chicago area
refugees and we have
the truck to deliver them!



Stock the Shelves delivers!



You Can Play an Important Role.

Can you imagine if you had to choose between diapers for your baby or food for your family?

This is the reality for thousands of refugee families in the Chicago area who were forced to leave their homes due to political and religious oppression, warfare and violence. Refugees arrive with minimal possessions of their own, but bring a passionate commitment to build new, thriving lives.

Yet, food stamps don't buy daily essentials like toilet paper, diapers or even soap.

We know that these items are essential to life in the United States. Try to imagine your life without them!

How can you help?

That's where we come in! Stock the Shelves, a collaborative effort by Northshore faith communities, is the missing link that unites an abundance of Northshore resources with under resourced, refugee families. The Stock the Shelves Truck delivers these necessary, everyday items on the fourth (4th) Wednesday of every month to Warren Park, located in Rogers Park, where over 125 refugee families select the items they need to continue to build thriving and sustainable lives.



Items Needed to Stock the Shelves:

toilet paper
feminine pads (no tampons)
diapers sizes 1-5
laundry detergent
basic cleaner (e.g. 409)
body soap
hand soap
dish soap
deodorant
shampoo
body/hand lotion
toothpaste & toothbrushes
razors & shaving cream

Drop off items at:

First Presbyterian Church of Wilmette,
600 9th St, Wilmette, IL 60091
Monday - Thursday (9 am-5 pm)
Friday (9 am - 3:30 pm)

Tel: 847-256-3010

How Can You Help?

- Donate Items From Our List:
Drop off a single item OR collect hundreds of items by hosting a drive with your classmates, teammates, co-workers or friends!
For drive support materials and boxes email Rev. Erin Raska, revraska@fpcw.org.
- Purchase items on the Stock the Shelves Registry at Target: tgt.gifts/stocktheshelves.
- Donate Money:
Each month the costs is approximately \$3,000 to serve the 125 families, but every dollar makes a difference!

Please make checks payable to FPCW with Stock the Shelves in the memo line and mail to FPCW, 600 9th St, Wilmette, IL 60091, or hold a fundraiser at your school, office or club. All gifts are tax deductible.
- Volunteer:
Join us to sort items, load the truck and help distribute to the families.

To sign up, go to fpcw.org, click on OUTREACH and select REFUGEES & STOCK THE SHELVES from the drop-down menu.

